

Te Ara Whakatipu – Hīkoi ki Whakatipu Waitai

The pathway of Growth – Martins Bay

29th April – 5th May, 2018



Introduction – Te Ara Whakatipu

Te Ara Whakatipu is a rangatahi-focused program that combines Ngāi Tahu and outdoor leadership. This wānanga was developed by Kara Edwards nā Makaawhio and is funded by Te Rūnanga o Ngāi Tahu. The hīkoi acknowledges the manawhenua of both Te Rūnanga o Makaawhio and Ōraka-Aparima Rūnanga.

When: One 7 day trip per annum – late April early May

Where: Whakatipu Waitai/Hollyford Valley/Fiordland

What: Five day haerenga + 2 days travel

Who: Approx 13 rangatahi + 7 kaitūao / kaiārahi (staff)

Kaupapa-Purpose

The key purpose of this hīkoi is to engage our Ngāi Tahu rangatahi through exploration of their connection to self, to Ngāi Tahutanga, and to the natural environment.

A founding belief of this program is that engagement with Te Ao Tūroa (the natural world) enriches connection to place and self. The cultural framework adds a strong platform to connect with iwi and an enhanced a sense of Ngāi Tahutanga.

Core learning's and activities include:

- Mahinga kai values and practise
- Ngāi Tahu culture and Heritage
- Ngāi Tahu reo, waiata and haka
- Completing physically challenges (including 21km walk in/out of the Hollyford Valley)
- Outdoor skills including navigation, group management and safety
- Rongoa Maori

Criteria for participation;

- Registered as a member of Ngāi Tahu
- Fit and capable of safely hiking 21km, with a pack
- Passionate about learning about their Ngāitahutanga
- Interested in learning about and giving back to the natural environment
- Enthusiasm and a smile

Locations and Programme Overview

The Whakatipu Waitai (Hollyford valley) was specially chosen because of the cultural heritage and importance of this wahi taonga to Ngāi Tahu as a traditional settlement and trail linking the Tai o Poutini with Ōtākou and Murihiku.

The hīkoi begins at:

Te Kōawa Tūroa o Takitimu
3023 Blackmount-Redcliff Rd, Blackmount,
Manapōuri.

Te Kōawa is an outdoor education centre, located 20 minutes from Manapouri or 2 hours from Queenstown/Invercargill.

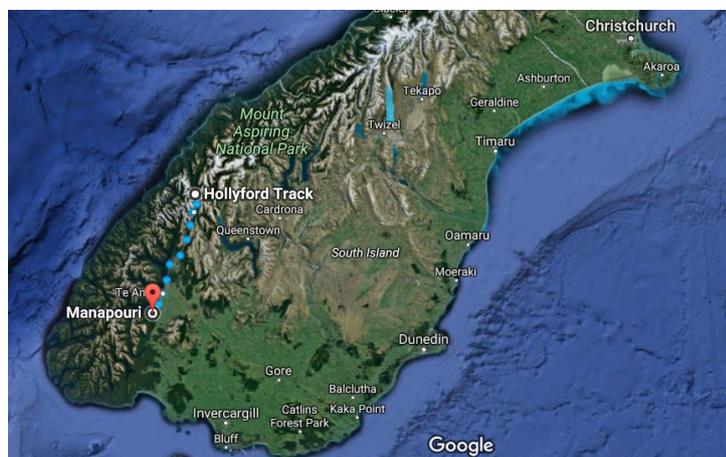
As a brief overview,

Day 1: Travel to the hīkoi start point, Te Kōawa Tūroa o Takitimu, in Manapōuri. Here everyone will come together for dinner and whakawhanaungatanga.

Day 2-5: Drive 1.5 hours to the start of the Hollyford Valley Track. And walk the trail of Whakatipu Waitai/Hollyford Valley, to Martins Bay Lodge. The group will spend five days at this base, immersed in the beauty of this area, enjoying day trips to Opiu Pa, mahinga kai sites, and historical sites.

Day 6 – The group will walk out of the valley and drive back to Te Kōawa Tūroa o Takitimu for their last night together.

Day 7 – Final farewell and a safe journey home.



Transport to the hīkoi start point

Rangatahi/whānau need to either

- (a) organise their own transport to the hīkoi start point, near Manapōuri, or
- (b) book a seat in the minivan which will be driving from Ōtautahi to Manapōuri return.

Organising your own transport

Whānau that are delivery rangatahi to the hīkoi start point are welcome to stay for the mihi whakatau, kai, or even for the evening (as accommodation is available).

Organising transport in the rangatahi van (Christchurch – Manapouri)

The rangatahi van will depart Christchurch at 7.40am. There may also be an option for rangatahi to fly to Queenstown, and be collected by the rangatahi van at approximately 3pm. The rangatahi van has only 10 seats, so availability may be limited.

Kaitūao and Kaimahi – Personnel

Program Facilitator	Kara Edwards Te Ara Whakatipu Developer & Lead since 2014 Te Rūnanga o Makaawhio
Senior Outdoor & Cultural Facilitator	Kahurangi Wilson-Mahuika Te Ara Whakatipu Outdoor Guide since 2014 Hollyford Track Guide (2012 – 2015) YMCA Camp Leader (2016) Te Rūnanga o Makaawhio
Facilitator	Alex Solomon Te Rūnanga o Ngāi Tahu Intern Alumni – Te Ara Whakatipu
Facilitator	Hinepounamu Apanui-Barr Manawa Hōu Facilitator Alumni – Te Ara Whakatipu
Facilitator	Sam Gibson Ex-Teacher & Keen Outdoors man Good Nature Trap Relationship Manager
Jet Boat Driver/Lodge Host	Chris Hanson Hollyford Track contractor & jet-boat driver
Rakatahi Van Driver & Cook	Rachael Forsyth Te Rūnanga o Makaawhio 027 211 3342
Program Support & Ngāi Tahu Office contact	Donelle Manihera donelle.manihera@ngaitahu.iwi.nz 027 670 7243 / 03 974 0145

How much does it cost?

The majority of on-course costs for this hīkoi are covered by Te Rūnanga o Ngāi Tahu, however we ask that each participant contributes a koha to the kaupapa (\$100 to contribute towards expenses such as shuttle transport to the hīkoi start point, koha to guest speakers, etc.)

Fitness, Health & Safety

The programme management actively look to manage all health and safety aspects and will endeavour to implement correct management procedures to eliminate, isolate or minimise hazards where possible. Guides and drivers have the necessary certifications and experience for this trip and group size, and will be operate in alignment with the Hollyford Track protocols (that is, in alignment with operational protocols for commercial tourist operators). Te Ara Whakatipu has access to necessary safety equipment (including radio, satellite phone, clear procedures and back up support in the event of an incident or emergency).

That said, there will still be inherent risks on the programme, including:

- Te Haerenga: A supervised 21km hike (42km hike return + daily smaller walks) through the exposed outdoor elements crossing forests, ledges, large hills, bridges, creeks, coastal landscapes, etc.
- Mahi (service) & ringa wera ringa kaha (kitchen work)
- Te reo me ōna tikanga (language and culture)
- Various jet boat excursions with a commercial operator
- Optional swimming on a remote coastline or river swimming (supervised, weather permitting)
- Exploration of Ngāi Tahutanga and open discussions
- Mahinga kai (food gathering).

The consent part of our application form outlines more detail around health and safety.

In order to enhance health and safety, our compulsory pre-course 30 minute phone korero includes an in-depth chat about medical history and conditions.

Fitness

A medium to high level of fitness, and the ability to walk with a pack for 21km, is strictly necessary and required as there are no alternative transport options.